## Midwest Athletic Conference Junior High Track and Field Championship Thursday, May 11th, 2023

To: Track Coaches:

Versailles High School uses Flash Timing and the Hy-Tek Meet Manager program for our track meets. Thus, entries will need to be submitted using the Online Entry Form at <u>www.baumspage.com</u>.

- REGISTRATION WINDOW CLOSING: Tuesday, May 11th @ 4:00 PM....precisely!
- Additional Information can be found on baumspage under "JH MAC INFO SHEET" found on the link to the meet.
- SCRATCHES/SUBSTITUTIONS Will be handled at the meet in the press box...
  - Remember that any athlete replaced upon arrival at the site will be eliminated from the competition for the remainder of the meet. In the event of an injury or sickness, substitutions may be made. Simply bring your Substitution Form to the pressbox. The athlete replaced will be unable to compete for the remainder of the meet.

# TEAMS: Coldwater, Ft. Recovery, Marion Local, Minster, New Bremen, New Knoxville, Parkway, St. Johns, St. Henry, Versailles.

- You will be permitted 2 entries per event to score. Please include entry time.
- Coaches Roster Verification Sheet must be turned in upon arrival above the concession stand.
- Shot Put and Discus: Participants must provide their own implements. They need to be weighed in at the Wrestling Building underneath the bleachers between 3:30 4:15 PM prior to competing.
- No marks (chalk/tape) shall be used on the track for relay exchanges. You must provide your own tennis ball/washer markers.
- Please provide your own batons. Standard starting blocks will be provided.
- 100M/110M hurdles/100M Dash /200M Hurdles/200M Dash runners report to the clerk at their respective starting lines.
- All other runners report to the bullpen that is located in the southwest corner of the track .
- Maximum 1/4 " spikes
- RESTRICTED AREAS: All coaches are to remain out of the infield while coaching runners. The only exception to the "infield rule" will be for emergencies and for high jump, pole vault and throws areas, but you must remain within the rope area or stands at any of those events.
  - COACHES Please remind your athletes to stay out of the infield unless they are actively competing in an event requiring them to be there in that location.
- Team Parking will be at the swimming pool. Please see attachment.
- Awards and results will be available in the press box following the presentation of the team awards at the conclusion of the meet. We encourage you to stay and collect these prior to departure.
- Concession Stand will be open throughout the meet. Your patronage is appreciated.
- Admission: ALL TICKETS: \$4.00
  - MAC Spring League Passes will be accepted.

## 2023 MAC JH Championship Order of Events

<u>Time</u>	Event	Information		
4:30pm	Boys Pole Vault	5 alive		
	Girls Pole Vault (follows boys)	5 alive		
5:00pm	Girls Long Jump	East Pit – Four jumps – No Finals		
	Boys Long Jump	West Pit – Four jumps – No Finals		
	Girls Shot Put	Four throws – No Finals		
	Boys Shot Put (follows girls)	Four throws – No Finals		
	Boys Discus	Four throws – No Finals		
	Girls Discus (follows boys)	Four throws – No Finals North Pit – 5 alive		
	Girls High Jump Boys High Jump	South Pit $-5$ alive		
4:30pm	<b>Running Events Prelims</b> (Advancement: 3 Heats - Heat winner and the next fastest five times; 2 Heats - Top two per heat and next fastest four times)			
	Girls 100m hurdles			
	Boys 110m Hurdles			
	5			
	Girls 100m Dash			
	Girls 100m Dash Boys 100m Dash			
5:00pm	Boys 100m Dash Running Event Final – Top 8 in	each event score		
5:00pm	Boys 100m Dash	<b>each event score</b> 2. Boys 4x800m Relay		
5:00pm	Boys 100m Dash <b>Running Event Final – Top 8 in</b> 1. Girls 4x800m Relay Running Events Prelims <i>(Advanc</i> )	2. Boys 4x800m Relay ement: 3 Heats - Heat winner and the next fastest five times	s; 2	
5:00pm	Boys 100m Dash <b>Running Event Final – Top 8 in</b> 1. Girls 4x800m Relay Running Events Prelims (Advance Heats - Top two per heat and new	2. Boys 4x800m Relay ement: 3 Heats - Heat winner and the next fastest five times	s; 2	
5:00pm	Boys 100m Dash <b>Running Event Final – Top 8 in</b> 1. Girls 4x800m Relay Running Events Prelims (Advance Heats - Top two per heat and new Girls 200 Hurdles	2. Boys 4x800m Relay ement: 3 Heats - Heat winner and the next fastest five times	s; 2	
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## 2023 JH Midwest Athletic Conference Championships

#### Versailles High School - May 11, 2023 - 4:30 PM

Entry Window Opens: Thursday, April 27th, 2023

Entry Window Closes: 4:00 PM, Tuesday, May 9th, 2023

Scratches/Substitutions Due: In the press-box upon arrival!

- 1. Rosters must be submitted through Baum's Page Online Entry System before the entry deadline.
- 1. Late entries will not be accepted! Or if accepted, may be subject to a Late Entry Penalty.
- 2. Please note the following details on baumspage.com!
  - 1. All User Accounts from last year were retained, but the associations with the schools and teams were deleted.
  - 2. After login, the coach will be able to add multiple teams/sports/genders to the same account!
  - **3.** High school athletes were advanced one grade and retained. Please delete those that are no longer participating!
- 3. Go to <u>www.baumspage.com</u> and use Online Entries or Login to access your account
  - 1. Click the Help link and print Online Entry Instructions for Track if you need detailed instructions.
  - 2. If you did not have an account last year, use Apply to create your account.
  - 3. If you had an account last year, you can login using that e-mail address and password.
- 4. Use Coaches | Select Teams to select your School.
  - 1. Click Get available teams and then click Make me the Coach.
  - 2. Note: after selecting your teams, you may need to refresh your screen or Logout and Login again!
- 5. Use Coaches | Track | Modify Athletes to enter your athletes on your alphabetic roster.
  - 1. You may enter athletes one at a time by filling in name and grade, then Add Athlete.
  - 2. Or you can import your complete roster by pasting them from an Excel file. Use one row per athlete: Number, First Name, Last Name, and Grade. Highlight and paste into textbox, then click Import Athletes.
- 6. Use Coaches | Track | Submit Rosters to enter athletes, relays, and marks.
  - 1. Include everybody that could possibly compete! Submit a complete roster before the entry deadline!
    - b. To enter individual events: Select the athlete from the list and enter a mark.
    - c. To enter a relay: Select the 4 anticipated relay team members and enter a time...

(1) List in expected order. Changes may be made before the team competes.

4. Click **Submit Roster** to save entries. Use **Get Printable Roster** to print a copy for you records. \*Only the athletes listed are entered in the event!

## 7. The **Online Scratch/Substitution option is** included as part of the entry template. If used, it will only be accessible **after the entry window closes** and **prior to scratch deadline!**

- a. Use Coaches | Track | Submit Rosters to access the entry template.
- b. A Scratch/Substitution box will be available below each event
- c. List your changes in the correction box | click Add Scratch Info | repeat for additional changes.
- 1. The Scratch/Substitution window will close precisely at the time posted above!
- 8. If there are any problems with the Online Form, click the Contact Us link and submit a Help Request.

- Please allow up to 8 hours for a response! \*Most responses will be in less than 4 hours.
   In an emergency, call Gary Baumgartner: 513-594-6154 or Terry Young: 740-517-0195.

#### JUNIOR HIGH MIDWEST ATHLETIC CONFERENCE CHAMPIONSHIPS

Meet Manager	Scott Broerman	
Athletic Director	Scott Broerman	
Referees/Umpires/Starters/Clerks	Bob Eilerman, Steve Bruns, Chris Sharp, Steve Frimel,	
	Krista Frimel, Tom Sharp, Bernie Zircher, and Kathy Sowers	
Supervisor of Hurdle Crew	HS Coaches and athletes	
Scorer	Mchael Paulus	
Timing System	Renee Rindler, Payton Groff, Taylor Grilliot, Luke Batty	
Announcer	Connor Stonebraker	
Athletic Trainer	Chad Keith, ATC - Wilson Sports Medicine	
Concessions	Versailles Athletic Department	

#### **Participating Schools:**

Team	Colors
Coldwater "Cavaliers"	Black and Orange
Ft. Recovery "Indians"	Purple and White
Marion Local "Flyers"	Royal Blue and Gold
Minster "Wildcats"	Black and Orange
New Bremen "Cardinals"	Crimson and Gold
New Knoxville "Rangers"	Red and Grey
Parkway "Panthers"	Black and Gold
Delphos St. John's "Blue Jays"	Blue and White
St. Henry "Redskins"	Red and White
Versailles "Tigers"	Orange and Black

#### **GENERAL INFORMATION**

Results will be posted on the East Side of the Press Box immediately after they are announced.

**SCORING**: Top "8" Places: 10 - 8 - 6 - 5 - 4 - 3 - 2 - 1

 AWARDS:
 Team Trophies
 - Champion and Runner-Up (Presented at the conclusion of the meet)

 Individual Medals - First Place
 Individual Ribbons - Second through Eighth Places

**<u>RESTROOMS</u>**: The restrooms are located in the concession stand area.

**TRACK INFIELD**: We will allow spectators in the areas around the high jump area. We do not want athletes in the middle of the field at any time, unless they are there to check in with a clerk for a 200 event. Once the running finals begin we will ask that only participating athletes be on the track or field. Please help us enforce these guidelines with your athletes!